

2023 Team Parent Info

Responsibilities:

- ◆ You are the team's lifeline. You are responsible for sharing all league and team information
- You will have support from the coaching staff and should be in regular communication with your head coach
- Make it fun! Each division may operate differently, and you are not required to participate in the "extras," but it is important this is a great experience for RJT participants

Volunteer Hours:

- 10 hours are required for each player/cheerleader with a maximum of 20 per family. Volunteer checks are collected by the board during registration
- Soard members, Coaches and Team Parents are meeting their volunteer requirements
- There is a Buy Out option. If a family approaches you regarding their interest in buying out, please direct them to <u>Treasurer@Rocklinjrthunder.com</u> and <u>Volunteer@Rocklinjrthunder.com</u>
- A link will be added to the website for families to sign up for shifts before games begin. Shifts will be available at both home and away games. Football games can NOT be played without parents volunteering for PAR & chains. You will be contacted by the Volunteer Coordinator for vacancies and will be asked to coordinate with parents to fill the shifts.
- Shifts can be cancelled and changed on the website but must be done within 48 hours. Parents are
 responsible no notify you and find a replacement if within 48 hours of their shift.
- Checks will be cashed for no shows and if hours are not completed at the end of the season.

Raffle tickets:

- Each RJT participant is responsible for selling for a minimum of 10 tickets at \$5 each, totaling \$50.
- Each participant should have paid at registration so any money they collect, is theirs to keep
- The team parent is responsible for handing out tickets to each participant and collecting stubs.
- Raffle will be held on either the Thursday before Homecoming or at the Homecoming game on.

Picture day:

 Pictures day/times are still TBD, but your team will receive a specific time slot. Both team and individual photos will be taken

- Team parents are responsible for communicating uniform for pictures (agree on with your head coach) and handing out picture forms (will be provided by the board).
- Once pictures are ready, participants will receive a link to order, and they will be mailed directly to the participants address

Spirit wear

Spirit wear will be available for purchase at Tuesday practices before games begin as well as at all home games.

Team Party/Trophy/Coaches Gifts

- The board will plan and organize the end of season event. Date and location TBD.
- The board will provide food & trophies for all participants.
- Team parent may want to provide table décor, balloons and some sort of gift/treat for their team, but it is not required. An idea is to set up a potluck of desserts for the team.
- Team parent is responsible to arrange and order Coaches' gifts. It is recommended that once you determine a reasonable amount for each participant to cover a gift for the Head Coach and all Assistant Coaches, you send communication to provide ample time to make arrangements. Cash and Venmo are common forms of payment.

Practice Jersey

- Most teams will have player's name printed on the back of their practice jersey. It is the Team Parent's responsibility to collect the jersey's after practice on a Thursday and drop off at the vendor to have them back by Monday to hand back out at practice.
- In the past, this has cost about \$5 per player and it is the families responsibility to cover the expense to be paid to the Team Parent.
- Recommended vendors: FiveSixteen, Inc (916)660-0516, Promote Me (916)774-1616, Premier Graph-X Inc (916)787-0603

Socks

 Each football player will receive a pair of black, blue, and pink socks. They are \$10 each. Payment is to be collected by the Team Parent and once all socks are paid for, given to the board. RJT does not have venmo, therefore the team parent can collect via Venmo and then pay directly to RJT with cash or check.

Photo Lanyards

It is not a requirement, but in the past, Team Parents have made photo lanyards for each player with a roster on the back. Picture day is a great day to capture a photo of each player. Lanyards can be purchased from Amazon at a reasonable rate. Lamination makes the photo more durable.

Team Dinners

- Team dinners are popular amongst football teams. How often you choose to host a team dinner is at the discretion of each team/Team Parent. Some teams will have them weekly, some just before home games, some just a few times during the season
- Potluck style is an easy way to arrange, and you can create a sign-up genius to get help from families or you can cater from a restaurant/order pizza and gather funds from families.

- Some teams will assign each dinner to a group of families, and they will host rather than having every family contribute each event. You can also partner with another division and host together
- Team dinners are held at the park/field directly following practice near your teams practice area.
- Suggestions include Taco/nacho night, Pasta night (Spaghetti, chicken alfredo, etc), Pizza (can accept donations), Chicken wings/drumsticks.
- Remember to include tables, table cloths, utensils, plates and napkins in your sign up genius!

Miscellaneous

- GAME DAY!! Head Coach will decide what their team will wear each week. The Team Parent will need to communicate to team via email in a timely manner eachweek. You will likely also want to send a reminder to your families on a friday before each game to communicate details like which jerseys/socks to wear and field location, etc.
- Communication is extremely important! Email is the most common, but many teams will also create a
 personal Facebook page for their team to also share updates. This is also a great way to share photos
 and videos.
- Some teams will assign the role of team photographer. Speak to your coach to see if that's something he wants to do, otherwise you might want to get some photos on the sideline yourself!
- Some Team Parents will create a SlideShow/Video compilation of photos/videos to share at the End of the Season event. If this is something you plan to do, it is important to start capturing photos early on.