



## ATHLETE BEHAVIOR AGREEMENT & PROGRESSIVE DISCIPLINE POLICY - 2024

At Rocklin Jr Thunder we strive to develop and promote responsibility, character, hard work, sportsmanship, teamwork and fellowship within a safe environment. All athletes are expected to abide by a code of conduct and commit to the following behavioral guidelines:

- I understand that I am a representative of RJT at ALL TIMES both on and off the field.
- I will treat my coaches, instructors, teammates, opponents, officials, board members & any other adult authority with respect and understand that rudeness, defiance and failure to take direction will not be tolerated.
- I will always have the utmost regard for the safety of my teammates and others at all times.
- I will always show good sportsmanship and commit to follow the rules of my sport while respecting the decisions of the coaches, officials, referees and judges.
- I understand that any use of drugs, alcohol and tobacco (including vaping or e-cigs) could result in the dismissal of my position on my team.
- I will not engage in acts of bullying, insensitive speech, harassment or hazing activities.
- I understand that vulgar or derogatory language, cursing, tantrums, disrespect, misconduct, displays of anger, violence or fighting will not be tolerated.
- I understand that I must maintain the academic standards of my school and organization and that if suspended or expelled from school I must notify my head coach and will not be allowed to participate in any RJT practices, games or activities during that suspension period.
- I commit to arriving at practices and games prepared, on-time or early and give 100% effort.

***\*PLEASE NOTE that per RJT By Laws Section 4.05, the executive board has the authority to impose an immediate suspension upon any board member, coach, parent or member whose action is deemed to be detrimental and not in the best interest of RJT.***

### Disciplinary Actions:

The progressive discipline plan for not adhering to the required conduct will in most cases be handled in the following manor, depending on the magnitude of the incident:

1. **1st Incident** - The athlete will be given a verbal warning from the head coach/coach/instructor that will be documented via email to the athlete's parent(s) and to the VP of Football or VP of Cheer.
2. **2nd Incident** - The head coach/coach/instructor will document via email to the VP or Football/Cheer and the athlete may be suspended from the next event, game or competition at the Board's discretion.
3. **3rd Incident** - The head coach/coach/instructor will document via email to the VP of Football/Cheer. The incidents will be reviewed by the Board with the athlete facing potential removal from the team/squad for the remainder of the season.

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Athlete Printed Name

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Athlete Signature

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Parent Signature

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Date